# Thornton Times



05/01/2021

#### www.thornton.bham.sch.uk

#### Hello Everyone

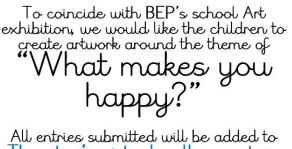
We have really enjoyed speaking to parents, carers and children on the telephone to hear how things are, to get your feedback on remote learning and to empathise with the extremely difficult situation for everyone at the moment. Please remember we are here for you to offer support and we are only a phone call away **0121 327 0824**. After half-term, we will be making arrangements to telephone you for a 'parents' evening style' conversation about how your child's remote learning. Look out for a letter next week telling you more about this (text/email/app).

We are delighted to celebrate and share some of the creative remote learning work the children have completed with you in the Newsletter today and would love to see even more next week so we can continue to share our celebrations as a **#thorntonfamily**. Also, please remember to keep an eye out for the postman delivering 'Lockdown Learner of the Week' postcards next week!

We are very much looking forward to when everyone can return to school. At the moment, all we know is that this will NOT be before Monday 8th March, but this date has NOT been confirmed by the government yet. **As soon as we know the return date we will write to you** (text/email/app).

In the meantime, take care and stay safe,

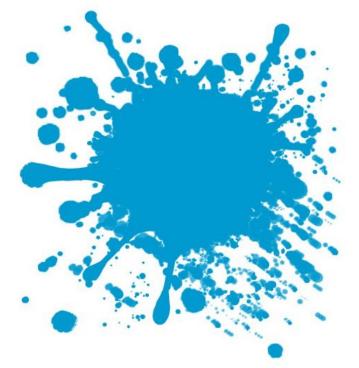
Mrs Cathy Grace



All entries submitted will be added to Thornton's virtual gallery and six pieces will be submitted to BEP for their online exhibition.

The artwork must be photographed and emailed in JPEG Format – no more than 2MG. You must also include the child's name and class.

Work must be sent by email at any time before I<sup>st</sup> of March to <u>t.wareing@thornton.bham.sch.uk</u> Any questions please email the contact above (Mr Wareing Art Lead).



Acting Headteacher - Mrs Cathy Grace Assistant Headteachers - Miss Loach, Mrs Biddle-Rawbone, Mrs Mazar

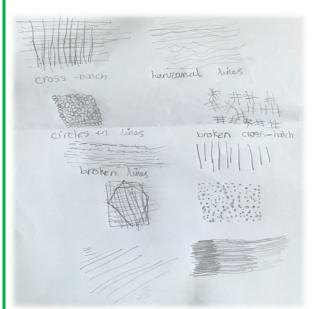
Chair of Governors—Mr Amjid Ali Vice-Chair of Governors—Johur Uddin



Thornton Road Ward End, Birmingham B8 2LQ O121327O824 enquiry@thornton.bham.sch.uk

#### Year 3

Year 3 been have been working on mark making and drawing 3D objects. Year 3 have done some lovely art work, focussing on pattern and detail.





#### Urban Pioneers topic



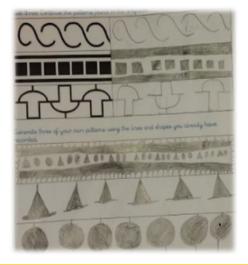
#### Year 4

Year 4 have been working on creating Anglo-Saxon designs pattern repeats and designing shapes. We are totally impressed with their intricate designs.









#### Year 5

Year 5 have been learning about the Tudor times during their topic lessons. Here are some outstanding examples of the fantastic drawings of Henry VIII and his wives by the year 5 children they have used their skills of proportion and detail to good effect.







#### Year 6

Year 6 have been learning about Day Of the Dead as part of their Hola Mexico topic. Here are some characterful and colourful drawings by year 6 children.







Creative Year 6 Art Project competition entries





## It's National Children's Mental Health Week this week.

Did you know 1 in 6 children and young people have a diagnosable mental health condition? This week we're all raising awareness of the importance of a positive mental health.

• This is an event happening across the whole of United Kingdom this week.

What do we mean by Mental Health? Watch this video: <u>https://watchkin.com/a2e341bdde</u>



• The theme is: Express Yourself.

The teachers have set some activities to help the children learn about:

- Keeping calm
- What to do when they feel scared, sad or angry.
- Learning how to journal (how to plan and reflect)
- Ways they can express themselves.

This week and for the following two weeks, the children will be accessing a resource from Elsa that introduces wellbeing characters. Each day has a focus to help pupil's wellbeing.

#### Monday - we look at being 'mighty'

The focus is on bravery and confidence. Pupils will focus on that strength of character and will find ways to increase their confidence and bravery.

Tuesday— we look at being 'thoughtful'

The focus is on being thoughtful and kind. How they can help others and think about other people's feelings.

#### Wednesday— we look at 'wishes'

The focus is on goals and wishes. How they can set a goal and reach that goal. How that will make them feel.

#### Thursday - we look at 'thankfulness'

The focus is on gratitude and looking for those little things we appreciate. This will help their positive outlook on life.

#### Friday - we look at 'friendship'

The focus is on friendship and how connecting with friends is important for their wellbeing. It will also look at qualities of friendship.

The focus is on celebrating their achievements that week. If you look hard enough there is always something to be proud of.

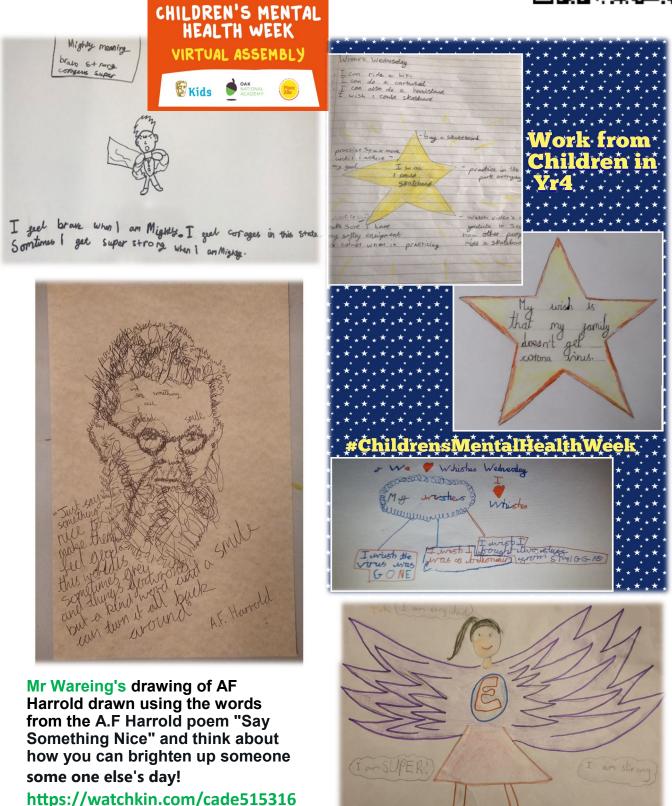


## **REMOTE LEARNING**

We have also introduced a '**Supporting home learning routines**' sheet that the children will be encouraged to use to reflect on their day. A copy of the form can be found by scanning the QR code and is also on our Remote Learning website pages.

This week, all the children have had an opportunity to watch a virtual assembly about Children's Mental Health Week. If you have not watched it yourself yet, please take the time to scan this QR code and watch it and talk to your child about ways they and you can 'Express Yourself'.







## How much sleep do we need?

Age of child		Hours needed	Benefits of sleep
Newborns	(0-3 months)	10-18 hours	Reduce risk of Obesity Better school performance
Infants Toddlers	(3-12 months) (1-3 years)	14-15 hours 12-14 hours	Fewer behavioural problems Improve memory and attention
Preschoolers		11-13 hours	span
School-aged Teens	(6-12 years) (13-18 year)	10-11 hours 9-10 hours	Supports a healthy immune system

### **Schoolcomms App**

And a final thank you to all those parents and carers who have already installed our new communication app. If you haven't done so already, all you need to do is:

1. Go to App store and search for Schoolcomms app and install it





2. On the login page, scroll down and select Don't have an account, Sign Up.

3. Type in your email and mobile number - These **MUST** be the same as the Primary Contact details already provided to school

The **Schoolcomms** system will send a pin code (takes up to 20 seconds to receive) and this needs to be added to the app to complete the installation

## **Online Safety Task!**

#### <u>Phishing</u>

The term Phishing is used to describe fraudulent / scam emails which seem genuine and sent from well known companies such as B&Q, Amazon, eBay, etc. The goal of "phishing" emails is to get people to reveal personal information such as passwords and credit card numbers.

#### <u>The Phisherman</u>

Exploring an underwater village where children will learn how to recognise the signs of phishing and help the residents stay safe as they come under attack from the Phisherman

Click on the link below or scan the QR code to play the game.

https://barefootgames.org/the-phisherman?ref=https:// www.barefootcomputing.org



#### **Remote Learning Timetable**

#### Week 6 - 08.02.21

Morning check in time		Afternoon review	Friday PM
9:00-9:20am	Year 3	1:00-1:20pm	11:30am
9:20-9:40am	Year 4	1:20-1:40pm	11:40am
9:40-10am	Year 5	1:40-2:00pm	11:50am
10am-10:20am	Year 6	2:00-2:20pm	12noon

#### Victoria Sponge Recipe

#### Mrs Parvin done some yummy baking this week

#### INGREDIENTS

225g Unsalted Butter/Margarine ,225g Caster Sugar, 175g Self Raising Flour (Sieved), 50g Cocoa Powder , 4 Medium eggs

#### FOR THE ICING:

75g Unsalted Butter

175g Icing Sugar

45g Cocoa Powder 20-30ml Whole Milk





**Step 1**: Pre-heat oven to 180°C/Gas Mark 4. Grease and line two round 20cm (8 inch) tins.

**Step 2:** Cream together the butter and sugar until light and fluffy. Slowly beat in the eggs and if the mixture starts to thicken, add a little flour.

**Step 3**: Fold in the remaining flour and the cocoa powder with a metal spoon.

**Step 4**: Share the mixture between the two tins and bake for approximately 25 minutes until golden brown and firm to the touch. Remove from oven and leave to cool before turning out onto a cooling rack.

**Step 5:** To make the butter icing, put the butter in a bowl and beat until soft. Then sift the cocoa powder and the icing sugar and mix it in with the butter. Add enough milk to make the icing fluffy and spreadable. Use it to sandwich the two sponges together.

**Step 6**: Dust the top of the cake lightly with sieved icing sugar. Take pictures and enjoy!!









Look out in next week's newsletter for: <u>'Lockdown</u> <u>Learner of</u> <u>the Week'</u>



A chance to celebrate all the hard work the children have been putting in throughout the last few weeks.

## Increasing data allowances on mobile devices to support disadvantaged children

This scheme temporarily increases data allowances for mobile phone users on certain networks. This is so that disadvantaged children and young people can access remote education if their face-to-face education is disrupted, and they do not have access to broadband at home. **Please click the link at the end of the page to fill in the request form.** 

## Who can get help?

This scheme is open to children and young people in years 3 to 11 who:

- do not have access to a <u>fixed broadband connection</u> (the request may be unsuccessful if the account holder also has broadband)
- cannot afford the additional data needed to access educational resources
- have access to a mobile device that uses a participating network
- are facing disruption to their face-to-face education

## Which mobile networks can increase data?

Children with access to a mobile phone on one of the following networks might be able to benefit:

- BT Mobile
- EE
- Lycamobile
- 02
- Sky Mobile
- SMARTY
- Tesco Mobile
- Three
- Virgin Mobile
- Vodafone

Other providers will join the scheme at a later stage.

Please <u>click here to access the additional mobile data request</u> form.



### (COVID-19) vaccine question and answer session

The coronavirus (COVID-19) vaccine is our best defence against the virus. The vaccine is highly effective and it is currently being rolled out across Birmingham to priority groups. Throughout February 2021 there will be five online Q&A sessions which will allow the public to ask any questions they may have about the vaccination. On the panel will be the Birmingham & Solihull Clinical Commissioning Group, local representatives and Councillor Paulette Hamilton, Cabinet Member for Health and Social Care.

It is strongly recommended that people attend the session that is relevant to where they live, as some of the information in the webinar will be localised:

9th February at 6pm-7.30pm. South Birmingham

https://www.eventbrite.co.uk/e/138644995915

11th February at 6pm-7.30pm. East Birmingham

https://www.eventbrite.co.uk/e/138644995915

24th February at 6pm-7.30pm. West Birmingham

https://www.eventbrite.co.uk/e/138645314869

25th February at 6pm-7.30pm. Central Birmingam

https://www.eventbrite.co.uk/e/138645491397

## Are you concerned that someone you know is experiencing domestic abuse?

Download the free Bright Sky app, which provides support and information to anyone who is concerned that a friend, family member, colleague or neighbour is experiencing domestic abuse.





#### Features include:

- Directory of UK specialist domestic abuse support services and helplines
- Questionnaires to assess the safety of a relationship
- Other resources and information on domestic abuse, sexual violence, stalking and harassment

#### Hestia.org/BrightSky

Download Bright Sky onto a device you feel safe using, and that only you have access to



If you are in immediate danger, always call 999







