

# DINE

WITH MIQUILL

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DINE

Main Meal

DINE

Vegetarian



Sweet Options

## MONDAY

**Margherita Pizza**  
*Fresh tomato Sauce*  
*Baked Wedges*  
*Sweetcorn*

**Super Veggie Burger**  
*Baked Wedges*  
*Sweetcorn*

## TUESDAY

**Beef Lasagne**  
*Garlic Slice*  
*Crunchy Salad*

**Wholemeal Pasta & Vegetable Bake**  
*Garlic Slice*  
*Crunchy Salad*

## WEDNESDAY

**Roast Chicken & Stuffing**  
*Roasties, Fresh Veg*  
*& Gravy*

**Cheese & Onion Quiche**  
*Roasties*  
*Fresh Veg*

## THURSDAY

**Chicken Tikka Wrap**  
*Rice*  
*House Slaw*

**Vegemince & Roasted Pepper Fajita**  
*Rice*  
*House Slaw*

## FRIDAY

**Fish Fingers**  
*Pollock Fish Fingers,*  
*Chips & Baked Beans*

**Vegetable Dippers**  
*Chips & Baked Beans*

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

**Warm Pineapple & Ice Cream**

**Sticky Orange Cake**  
**Fresh Fruit Salad**

**Apple Crumble**  
*Served with Custard*

**Cocoa Beetroot Brownie**

**Bread & Butter Pudding**  
*Served with Custard*

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day



# DINE

WITH MIQUILL

WEEK TWO

DINE

Main Meal

DINE

Vegetarian



Sweet Options

MONDAY

**Baguette Pizza**  
*with Crudites*

**Veggie Nachos & Cheese**  
*with Crudites*

**Old School  
Sponge & Custard**

TUESDAY

**Katsu Chicken Curry**  
*Whole grain Rice  
Coconut Green Beans*

**Roasted Sweet Potato  
Dhal**  
*Whole grain Rice  
Coconut Green Beans*

**Rice Krispie Cakes**

WEDNESDAY

**Roast Chicken & Stuffing**  
*Roasties, Fresh Veg  
& Gravy*

**Vegan Sausage Roll**  
*Roasties, Fresh Veg  
& Gravy*

**Fresh Fruit Salad**

THURSDAY

**Homemade Beef Burger  
in a Bun**  
*Baked Wedges  
Coleslaw*

**Super Veg Burger in a  
Bun**  
*Baked Wedges  
Coleslaw*

**Apple Pie**  
*Served with Custard*

FRIDAY

**Fish Fingers**  
*Pollock Fish Fingers,  
Chips & Peas*

**Vegetable Katlama**  
*Chips & Peas*

**Ginger Cookie**

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day



# DINE

WITH MIQUILL

WEEK THREE

DINE

Main Meal

DINE

Vegetarian

Dessert  
STOP

Sweet Options

## MONDAY

**Lamb Kebab Wrap**  
Soft Tortilla filled with  
Lamb Kebab & Peppers

**Vegan Mince Bolognese**  
Spaghetti  
Green Salad

## TUESDAY

**House Rub Chicken  
Thigh**  
Mash  
BBQ Beans

**Vegetable Samosa**  
Rice & Peas

## WEDNESDAY

**Roast Turkey**  
Roasties, Fresh Veg  
& Gravy

**Quorn Sausage Toad in  
the Hole**  
Roasties, Fresh Veg  
& Gravy

## THURSDAY

**Honey Chicken Stir Fry**  
Whole Grain Rice  
Broccoli

**Crunchy Topped Mac n  
Cheese**  
Broccoli

## FRIDAY

**Fish Fingers**  
Pollock Fish Fingers,  
Chips & Peas

**Sweet Potato Stew**  
Mexican mixed bean and  
vegetable stew  
Fragrant Couscous

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Sticky Toffee Pudding

Vanilla Sprinkle Sponge

Chocolate Mousse with  
Mandarin

Fruity Jelly

Vanilla Ice Cream

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

