

P.E and Extra Curricular Plan 2018-19.

Autumn half term 4th September to 20th October 2018

Week 1 4.09.18	Week 2 11.09.18	Week 3 18.09.18	Week 4 25.09.18	Week 5 02.10.18	Week 6 09.10.18	Week 7 16.10.18
Football	Football	Football	Football	Football	Football	Football
Rugby	Rugby	Rugby	Rugby	Rugby	Rugby	Rugby

National curriculum sections:

1. Acquiring and developing skills
2. Selecting and applying skills, tactics and compositional ideas
3. Knowledge and understanding of fitness and health
4. Evaluating and improving performance

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Yearly overview September 2018- July 2019.

Sept - Oct ½ term	Oct - Dec ½ term		Jan - Feb ½ term	Feb - March ½ term		April - May ½ term	June - July ½ term
Rugby Football Lunchtime activities	Basketball Dance Lunchtime activities	Christmas	Gymnastics Hockey Lunchtime activities	Invasion Orienteering/ team building Lunchtime activities	Easter	Cricket Tennis Lunchtime activities	Athletics Invasion Lunchtime activities

After school clubs:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Year 3/4 multi-sports	Year 5/6 multi-sports	Football club (unless we have a fixture)	Netball (unless we have a fixture)	1/2 multi sports club