



The Thornton Times

Home Learning - Special Edition 2

www.thornton.bham.sch.uk

Friday 1st May 2020

Welcome to the second edition of our Home Learning Newsletter!

I hope this finds you and your loved ones well and continuing to follow the government guidelines of social distancing and hand-washing to keep yourselves safe, whilst staying at home to protect the NHS and save lives. Let me also say a big thank you for your continued support and for asking us to help you when we telephone to see how the children are. It is a great opportunity for us to share any questions we may have with one another as well as offer reassurance during these uncertain times. Please also keep an eye on the school website as we are adding to it on a daily basis so you are kept regularly updated. And finally, to those of you who are observing the holy month of Ramadan, on behalf of everyone at Thornton, may I wish you Ramadan Mubarak.



Best wishes, Mrs Cathy Grace

Useful links to help keep you up-to-date:



<https://www.gov.uk/guidance/help-primary-school-children-continue-their-education-during-coronavirus-covid-19>

<https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>

Twitter

The school's twitter account is buzzing at the moment with loads of ideas to support both children and parents during our time at home!

Please take the time to have a look: you could even follow us! You may be able to spot the odd staff video uploaded if you look really carefully...

It's @Thornton0wls (the 0 for Owls is actually a zero!). You will find it on the front page of our school website (www.thornton.bham.sch.uk), or you can follow this link: <https://twitter.com/Thornton0wls>



Thornton School

@Thornton0wls

 Follow us

Year 3 Teacher's Message !



Hi everyone! I hope everyone is staying safe and enjoying your time with your family. Since we've been off I have really enjoyed reading more and I have been reading a chapter a day of a book called **Mother Knows Best** - you can find me reading these on the school website. I hope you enjoy it as much as I do! keep smiling,
Miss Brown .



Don't forget to post photos of your Greeting Card on Twitter !

Year 3 Activity

Have a go at making your own Ramadan/Eid greeting card

You will need:

Card black and green or white ,Scissors ,Glue

1. Fold a piece of card in half, to create a standing card.
2. Using black card/paper, draw and cut out a silhouette of a mosque. Stick this down on the bottom of your card.
3. To create a night sky, cut out some moon and star shapes and stick them down above the mosque.
4. To complete the card, add any finishing touches. You could add some words at the top, a decorative border, some extra shapes or images, or glitter/sequins. You can add doors and windows to the mosque. I added a lantern hanging from the top of the card.

Tip: If you don't have lots of card and paper, you can just draw out your design and colour it in instead. You can also use whatever colours you want or are available .



Year 4 Teacher's Message!



Hi everyone!

I hope you are all well and enjoying this time with your family. I am keeping busy at home by baking cookies, reading and watching my favourite films.

I hope you are trying new activities to keep yourself busy.

Why don't you try and create a graph using different objects in your house, or from nature? You could collect up all your toy cars, or animals and write questions about the data. I can't wait to see you all soon! Take care and make sure you are looking after each other.

Miss Hughes

Don't forget to post photos of your Graphs on Twitter !



Year 4 Activity

Find out more about your family by interviewing them. Ask them about when they were your age, can they remember:

- Their favourite food?
- Their favourite game to play?
- Their favourite item of clothing?
- Their best friend?

Compare everyone's answers. Are there any similarities or anything that's different? Can you work out why answers might be different?





Year 5 Teacher's Message!

I miss all of the Thornton family so much! I'm really looking forward to the day we are all back at school. Until then I hope all of you are safe and enjoying time with your families. Stay safe everyone!
Mr Williams

Don't forget to post photos of your Egg box on Twitter !



Year 5 Activity

Why not make an egg box garden?

What you will need:

An empty egg box
Some soil
Some seeds



1. Fill each cup with a little compost or soil.
2. Next, add some seeds such as grass or a cutting from someone's garden.
3. Add a little bit of water whenever your soil looks dry.
4. Keep your garden in a bright place with lots of sunlight.

Tip: Make a little hole in the base of each egg cup to allow water to drain out when you water your cup.

If anything starts growing really well, you can always take the plant out of the egg cup and plant it somewhere bigger like a pot .



Year 6 Teacher's Message !



Dear Year 6,

We hope you are well and staying safe at home. We are all truly missing you! Our days are not complete without your beaming smiles cheering us up. We are incredibly proud of you and how you are coping with the current situation. We all need to stay positive and show a growth mind set so that we can all see each

other soon. We would love to know what you have been getting up to so if you haven't already; get sharing on our school twitter page. You can also see what your teachers and teaching assistants have been getting up to as well.

Mrs Mazar



Thornton School
@ThorntonOwls

Don't forget to post photos of your smoothie Lollies on Twitter !

Year 6 Activity

Smoothie Lollies Recipe

You will need;

1, Banana
10, Strawberries
200ml, Whole Milk.

Method

1. Blend 1 Banana, 10 Strawberries, 200ml Whole milk and anything else you would that you think would taste yummy in your
2. Blend and freeze in Lolly moulds .



like
lolly!



And enjoy !!!!

Inclusion Team

SEND

Hope you are all keeping well and safe at home. Here are our top three tips to make home learning fun and purposeful.

1. Little and often is best!
2. Make Maths real- make models, cook, time activities, measure and compare objects at home and discuss shopping receipts.
3. Record writing in different ways, comic strips, diagrams, audio record, pictures or role play.



Well-being Activity of the Week

Just breathe

Learning to breathe more deeply can be an easy way of boosting your well-being. It works perfectly when you are in the midst of a difficult day and you need a moment to collect yourself.

Breathe in through your nose and out through your mouth. Keep your shoulders down and relaxed, and place your hand on your stomach - it should raise as you breathe in and out. Count as you breathe to a number that feels comfortable for you.



Here are some useful website links for Food Banks

Cooperation Birmingham (The Warehouse Cafe)

Free food delivered every night of the week across the whole city. The warehouse cafes are based in Digbeth and are looking to make individuals aware of what they are doing. Orders must be placed before 4.30pm on the day you are looking to have food delivered. They have informed me, they have the capacity to be donating more meals than they are at present so have asked us to spread the word.

Call 0121 667 6387 to order. <https://www.thewarehousecafe.com/>

The Real Junk Food Project

Are delivering food to households through AWS (See above).

They are also open as a shop on a **Thursday 12pm-6pm, Unit 58 Western, Business Park, Great Western Close, Birmingham, B18 4QF.**

The shop is 'pay as you feel'; individuals are able to walk away with free shopping, or for very little, if this is what they can afford.



TOPYA

Please download the school games PE app called Topya! To compete against your friends there are new challenges every Monday Wednesday and Friday to stay active and healthy let's see if we can get Thornton to the top on the leader board.

Active me at home 360

Another great website is **active me at home 360** they have lots of challenges and home challenge sheets for all ages linking maths and P.E.. Can you complete this and share your work on twitter? Next week I will do an obstacle course in the garden and will be sending some photos weather permitting!

On your marks get set go !!!!

See below for the link.

<https://www.activeme360.com/activemeathome/>

Mr Bates

Sports—Message from Mr Bates!
















Supporting home learning routines

Planning the day

Consistent routines are important for behaviour and wellbeing in school and our routines at home have changed significantly. Routines support behaviour and you will be finding a new rhythm with your family. You could share this checklist with your child. Talk to them to help them plan their new routines.

The importance of simple approaches as part of a regular routine is key recommendation 4 of the EEF's guidance report

[*Improving Behaviour in Schools*](#)

	M	T	W	T	F
 I woke up at a good time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 I did some exercise.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 I had regular meals and drank water.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 I enjoyed some reading in a quiet space.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 I practised a maths skill.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 I completed some school work at my work space. I chunked it so I had some breaks too.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 I talked to my family about my day and how I am feeling. I asked them about their day.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 I helped with a household job and talked to my family while I did it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 I contacted my friends.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 I spent some time on my creative hobby.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 My parent/carer told me what I did well.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 My goal:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
 My goal:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



E-safety

Staying Safe Online is extremely important, including keeping up to date with the latest apps. The NSPCC's Net Aware provides simple guides for parents about the most popular social networks, apps and games. Simply type in the app you wish to review in the search bar and the website will provide you with useful information to help parents make an informed decision.



<https://www.net-aware.org.uk/>

**internet
matters.org**

[learn about it / talk about it / deal with it](#)

Parental Controls can be fixed using Internet Matters.org. They have produced excellent resources on setting up parental controls in a step by step format. Simply click on the links below to explore ways in which parents can set up parental controls on digital devices and popular social media apps. Each circular icon that is loaded represents a guide and can be accessed by simply clicking on the icon.

Parental controls on **Smartphones and other devices**

<https://www.internetmatters.org/blog/parental-controls/smartphones-and-other-devices/>



Parental controls on **Entertainment and search engines**

<https://www.internetmatters.org/blog/parental-controls/entertainment-search-engines/>

Parental controls on **Broadband and mobile networks**

<https://www.internetmatters.org/blog/parental-controls/broadband-mobile/>

Parental controls on **Social media**

<https://www.internetmatters.org/blog/parental-controls/social-media/>



Parental controls on **Gaming consoles**

<https://www.internetmatters.org/blog/parental-controls/gaming-consoles/>

General information for parents can also be found using this link which is appropriate for **primary aged pupils**

<https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/>

