

Watch this clip about the festival of Pesach or Passover <https://www.bbc.co.uk/bitesize/clips/zx7tfg8>



These are the symbolic foods you will find on a Seder plate at the start of the Jewish festival of Pesach (Passover). A bowl of salt water and unleavened (unrisen) bread – a type of cracker - called matzah will also be present. In recent times, some people have started to include an orange to represent women and other minorities being welcome and valued at this festival. Some Jewish families also include olives to symbolise unity with the people of Palestine and their struggle for freedom.

Your challenges:

1. Read Passover Story in a Nutshell, the story of Moses and the Exodus of the Jewish people from Egypt. Watch this clip <https://www.bbc.co.uk/bitesize/clips/zbsb9j6>

1a Can you identify which aspects of the story are commemorated by each of these symbolic foods? What do they help Jewish people to remember or think about?

How could you present your ideas? You could write an explanation text or present your ideas in a table.

Simplified Option –

1b Match the symbolic food to its meaning at Pesach.

You could also use this sheet to see if your ideas were correct.

2. Design and decorate a plate that a Jewish family would want to use as part of their Pesach celebrations. Make sure there is room for all the symbolic foods. Consider what would make good decorations for this hopeful springtime festival. Research what other Seder plates can look like.



3. Once you have thought about how these foods help Jewish people to remember the ancient stories, think about foods that are important to you. Write and draw to share ideas about a food that reminds you of an important time, place or person.

Science

4. How is matzah different to regular bread? What are the ingredients? What happens to make bread dough 'rise' and expand? Research the science behind this and how microorganisms can be helpful.

Extension:

5. Could you turn these ideas into a story?

- Retell an important time from your life and how food makes you remember it,
- Imagine you are a Jewish child about to celebrate Pesach,
- Imagine you are an old person eating something that reminds them of the past.

Remember to plan a strong beginning, and interesting middle and a satisfying resolution for the end. Consider how to describe the sights, sounds and smells that will help the reader to engage and enjoy your story. Edit carefully as you go along, making changes to make it a more effective story.