E-safety activities

<u>Is it OK to share? - Personal Information</u>

Let's talk >

Why does privacy matter?

Your online persona is everything on the internet that is about you. This could mean photos, videos, texts, your posts on friends' pages etc. As you get older, a strong online presence can bring with it all kinds of benefits. The internet makes it easy to communicate with family, school, friends and people who love the same things that you do:

Private personal information consists of personal details or facts that we might want to keep to ourselves or only share with trusted family or friends.

What kind of information does this include?

- Your home address and phone number
- Your username
- · Your email password and other online passwords
- · Your full name.
- · Your school work and other documents that you create.

Year 3 and 4 Task

- I. Your task is to invent a character around the same age as you. Draw or write the character's name in the middle of a piece of paper, and around the outside, draw or write personal information about this person.
- 2. From your list choose which piece of information will help to build a positive online reputation for the person. Feed this back to your parent.
- 3. Now, look at each piece of personal information and identify whether it is okay to share that information online or not. What effect might sharing this information have on the character's online reputation?

Discuss your answers with your parent.

Year 5 and 6 Task

Look at the collection of personal information about the three fictitious characters (see below). What does it tell you about each character? Discuss and list at least two pieces of personal information you can obtain by reading each character's profile. On a scale of I -10, how would you rate the characters digital footprint, in terms of risks both now and in the future.

Discussion: How much can we find out about someone just from what they post online?



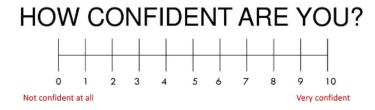
Wellbeing - All year groups

On screen/off screen

How confident do you feel managing your screen habits in order to improve your digital wellbeing?

Task

Draw a scale from 0 to 10 where 0 means "not confident at all" and 10 means "very confident". Mark on the scale how confident do you feel in being able to improve your digital wellbeing



Task 2

On a large piece of paper draw two spider diagrams. The title for one is screen activities e.g playing computer games, instructional videos etc - and the title for the other is off screen activities eg. football training, reading books.

Label your diagram with as many activities you can think of.

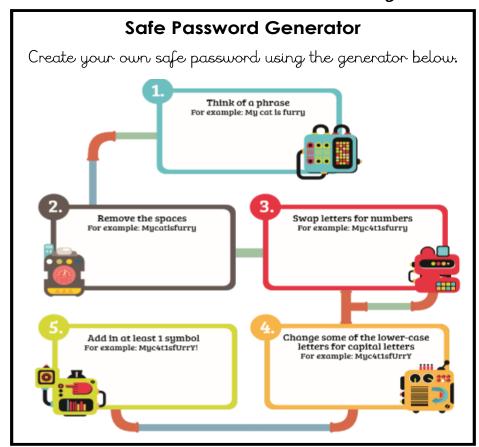
Next, thinking about your wellbeing, identify some good things and some not so good things about each activity. Give examples of how these might affect a person's wellbeing.

Tweet us your answers.

(Example of a spider diagram)



Home Learning - E-safety



High Five!

Write down your top five e-safety tips for staying safe online!





Ask an adult to share any work you are really proud of so we can add it to the 'Our Home Learning Work' page: homelearning@thornton.

bham.sch.uk Please include your full name and class in the email.



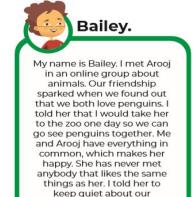
@ThorntonOwls

Who to trust?

In this activity you follow the life of a girl called Arooj. She has two friends, one she met at school and one she met in an online group. Read the descriptions of the two friends and answer the following questions:

Who would you trust more and why?

Who does Arooj know more about and why?



friendship because some

people might be jealous.



Alice.

My name is Alice. I've known Arooj from when we were little. We have always been in the same classes together at school. However, we're the complete opposites. She likes penguins, I prefer tigers and lions. She likes maths and acting, I prefer sports and science. Although we are very different, she's my best friend. We talk to each other about everything. Our parents arrange us to go to each others house at least once a week to play.

Emoji Quiz

Here are 4 different sentences made up of emojis. What you think each sentence says?









INFORMATION PRIVATE ONLINE

Only share it with people you know like friends and family. Ask a trusted adult, like your teacher or a family member, to help you change your privacy settings so that strangers can't see it.

SPEAK POLITELY AND BE KIND TO OTHERS WHEN YOU SPEAK TO THEM ONLINE

Treat them like you would treat them in real life and always remember your manners.

3 TELL A TRUSTED ADULT IF YOU ARE BEING BULLIED ONLINE

If other another person is sending you nasty messages, a trusted adult will be able to help you collect evidence and report the person to the relevant authorities.

USE PASSWORDS TO PROTECT YOUR PERSONAL INFORMATION

Ask a trusted adult to help you create a password that you can easily remember but which is hard for other people to guess.

ALWAYS CHECK WITH A TRUSTED ADULT FIRST BEFORE USING A DEVICE OR DOWNLOADING A NEW APP

This is so that they can check it is safe for you to use and make sure the privacy settings are right.

TELL A TRUSTED ADULT IF YOU SEE SOMETHING ONLINE WHICH YOU DON'T LIKE

This can include anything that upsets you, makes you feel sad or which you're unsure about.

USE THE INTERNET TO HAVE FUN AND TO HELP YOU FIND OUT INFORMATION ABOUT THINGS

Remember to ask your trusted adult for help and always use child friendly search engines so that the information you get back is safe.

STRANGERS OR PEOPLE YOU DON'T KNOW

Always tell a trusted adult if somebody you don't know tries to contact you online.

SPEND TOO MUCH TIME ON YOUR DEVICE

Instead, go out and play with your friends, get some fresh air and try to exercise more. This will help you stay fit and healthy.

REPLY TO MESSAGES FROM ONLINE BULLIES OR PEOPLE WHO SEND YOU NASTY MESSAGES

The most important thing to do is to tell a trusted adult and then block the person from contacting you.

COPY PEOPLE'S WORK ONLINE OR PRETEND IT IS YOURS

This is called plagiarism and can get you into a lot of trouble.

BE MEAN OR NASTY ONLINE

Behave online like you would in real life and don't post anything that can make you look like a bad person. Things that you post online can stay there for a very long time.

USE YOUR DEVICES CLOSE TO BEDTIME

This will allow your brain to rest so that you can get a good night's sleep, stay focused at school and perform better in class.

SHARE PERSONAL INFORMATION ON THE INTERNET WITH STRANGERS

Always te a trusted adult if somebody you don't know asks you for your personal information.







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